

# Service Opportunities for Student Success Courses

Complete your 4 hours of service with meaningful opportunities

#### How To Get Started

- 1. Don't wait schedule in advance
- 2. Choose a low-commitment volunteer opportunity. Either a special event (find them on the Volunteer Network calendar) or a shift at one of the organizations listed below.
- 3. Check with your instructor to make sure your service will fulfill your class requirement, then volunteer on your own or recruit a friend or family member to volunteer with you.
- 4. Show up! Bring your head and your heart. If you must cancel do so at least 48 hours in advance.
- 5. Reflect take time to think about your experience. Use the reflection guide to process your experience.

The Bloomington Volunteer Network lists volunteer opportunities at over 200 local nonprofit and government programs online at BloomingtonVolunteerNetwork.org!

#### Where can I volunteer?

There are many places in Bloomington to volunteer. Here are some ideas to get you started.

- Big Brothers Big Sisters 'First Friends' events (334-2828; mvoland@bigsindiana.org)
- Bloomington Community Orchard workdays
  (getinvolved@bloomingtoncommunityorchard.org)
- Bloomington Playwrights Project ushering, light and sound technicians (334-1188; boxoffice@newplays.org)
- **Buskirk-Chumley Theater** ushering (323-3020; volunteer@buskirkchumley.org)
- City of Bloomington Animal Care and Control Care for animals, 7 days/wk (349-3872; gibsonj@bloomington.in.gov)
- City of Bloomington Parks and Recreation special events throughout the year; wknds (www.bloomington.in.gov/parksvol)
- Community Kitchen soup kitchen; afternoon and evening shifts; Mon-Sat (332-0999; debbie@monroecommunitykitchen.com)
- Crisis Pregnancy Center and Hannah House (334-0104; info@cpcbloomington.org)
- Exotic Feline Rescue Center 7 days/wk; located in Center Point, IN (812-835-1130; efrc1@frontier.com)
- Goodwill Industries (331-8170 EAST)

- Habitat for Humanity Construction; Mon-Sat (331-4069; vsl@monroecountyhabitat.org)
- Hilltop Garden and Nature Center gardens and greenhouses; 7 days/wk (855-8808; charlotteg38@gmail.com)
- Hoosier Hills Food Bank garden workdays; warehouse; MealShare program (eves) (334-8374; volunteer@hhfoodbank.org)
- Mother Hubbard's Cupboard garden work days (812-355-6843; garden@mhcfoodpantry.org)
- My Sister's Closet (337-7710; volunteer@sisterscloset.org)
- Nursing Homes and retirement communities visiting & programs (see list)
- Opportunity House 332-0565; jeanneoverly2000@yahoo.com)
- Salvation Army 336-4310 ext. 102; peter\_iversen@usc.salvationarmy.org)
- Shalom Community Center meal prep (334-5734; volunteer@shalomcommunitycenter.org)
- St. Vincent de Paul Society deliver furniture to/from warehouse; drivers and non-drivers needed (335-1280; salber@bloomingtonsvdp.org)





## **Nursing Care & Retirement Communities**

## Visit senior citizens and wear your smile!

#### **Bell Trace Senior Living Community**

- A for-profit residential community with independent living, assisted living, and skilled nursing care.
- ₹ 800 N. Bell Trace Circle, Bloomington, IN 47408; www.belltrace.com
- ▼ Please contact Melissa Davis, Activities Coordinator, at 812-332-2355 ext. 209 or mdavis@cardon.us

#### **Bell Trace Health and Living Center**

- A for-profit residential community with independent living, assisted living, and skilled nursing care
- ₹ 725 N. Bell Trace Circle, Bloomington, IN 47408; www.belltrace.com
- ▼ Please contact Susi Turner at 812-323-2858 ext. 444 or sturner@cardon.us

#### **Bloomington Nursing and Rehabilitation Center**

- A non-profit residential skilled nursing care facility. Provides rehabilitative health care.
- 🔻 120 E. Miller Dr., Bloomington, IN 47401; www.greystonehcm.com/facilitiesbloom.aspx
- ▼ Please contact Tessa Tipton at 812-336-1055 or bloomington.socserv@chosenhc.com

#### Garden Villa

- A for-profit long-term skilled nursing care facility. Provides short- and long-term rehabilitation services.
- ₹ 1100 S. Curry Pike, Bloomington, IN 47403; www.gardenvillahealth.com
- Please contact Angie Maxwell, Director of Recreational Therapy, at 812-330-6755 or amaxwell@gardenvillahealth.com.

#### **Golden Living Center - Bloomington**

- A for-profit residential facility providing short- and long-term skilled nursing care and rehabilitative services.
- ₹ 155 E. Burks Dr., Bloomington, IN 47401; www.goldenlivingcenters.com
- ▼ Please contact Sheila Daws, Activity Director, at 812-332-4437 or sheila.daws@goldenliving.com.

#### **Hearthstone Health Campus**

- A for-profit residential facility offering assisted living, short-term rehab, outpatient therapy, respite care
- ₹ 3043 North Lintel Drive, Bloomington, IN 47404; www.hearthstonehc.com
- ♥ Please contact Tracy Keith at 812-333-7622 or tracy.keith@hearthstonehc.com

#### **Meadowood Retirement Community**

- A for-profit residential facility providing independent living, assisted living and skilled nursing care services.
- ₹ 2455 Tamarack Trl., Bloomington, IN 47401; www.meadowoodRC.com
- ▼ Please contact Alicia Limeberry at 812-330-4375, ext. 324 or alimeberry@5sqc.com

#### **Monroe Place**

- A for-profit assisted living residence.
- ₹ 2770 S. Adams Street, Bloomington, IN 47403; www.seniorsforliving.com/community/Monroe-House/

#### **Redbud Hills Retirement Residence**

- A for-profit independent living retirement community.
- ₹ 3211 E. Moores Pike, Bloomington, IN 47401; www.holidaytouch.com/redbud-hills/redbud-hills-home
- ♥ Please contact Kelly McCain at 812-335-0089 or kelly.mccain@holidaytouch.com

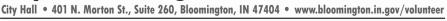
#### Richland-Bean Blossom Health Care Center

- ▼ A non-profit residential skilled nursing care facility. Provides short- and long-term rehabilitation services.
- ₹ 5911 W. St. Rd. 46, Ellettsville IN 47429; www.medicalrehab.com/LTC/rbb.htm
- Please contact Cheryl Decker at 812-876-6400 or cheryl@rbbhcc.com

#### **Sterling House of Bloomington**

- A for-profit assisted living residential facility for senior adults.
- 🔻 3802 S. Sare Rd., Bloomington IN 47401; www.brookdaleliving.com/sterling-house-of-bloomington.aspx
- ♥ Please contact Erica Nicholson at 812-330-0885 or enicholson@brookdale.com

### **City of Bloomington Volunteer Network**





## **Reflection Guide**

## Make your volunteer projects more meaningful

#### After You Volunteer: WHAT? - SO WHAT? - NOW WHAT?

Take time to process your experience and discover meaning that you may not have considered before. These questions are offered as tools to facilitate useful and candid thoughts and provide an opportunity to reflect on the day's activities.

#### **Reflection Overview**

	The "WHAT" question. Ask yourself "What happened today?"
_ 	The "SO WHAT" question. Ask yourself "What are the consequences of the day's actions?"
issu	Consider your contribution of time. How does (or doesn't) it address the central need or core ue (i.e. poverty, education, homelessness, etc.)
	The "NOW WHAT" question. Ask yourself "What could I do next to generate more impact?"
ge	Share your experience with others. Friends, co-workers, and family members will be inspired to t involved.